



James M. Scala

Airman Scala Completes Basic Training In San Antonio, Texas

SAN ANTONIO — Airman James M. Scala, son of Mr. and Mrs. S.J. Scala of 1181 River Road, has completed basic training at Lackland AFB, Tex. He has been assigned to the Air Force Technical Training Center at Amarillo AFB, Tex., for specialized schooling as a supply specialist. Airman Scala attended Agawam High School.

St. Anthony's Guild

Sponsors Dance Jan. 27

The St. Anthony's Ladies Guild of St. Anthony of Padua Church will sponsor a dinner dance, Saturday, Jan. 27, at 7:30 in St. Anthony Society Hall, Springfield St., Feeding Hills.

Mr. Frank Sutula, well-known caterer, will serve a roast beef dinner.

Mrs. Alfred Christopher and Mrs. Benjamin Bassani are the co-chairmen, with the Rev. Richard Ahern, C.S.S., as honorary chairman.

Assisting them will be Mrs. Elio Scherpa, Mrs. Donald Poggi, Mrs. Louis Lovott, Mrs. Edward Costa, Mrs. Aldo Francolini and Mrs. James Wescott.

The Tri-Tones are the featured entertainers.

The public is invited.

Four Agawam High Band Members To Represent School at Festival

Four Agawam High Band members will represent their school at the Western Mass. District Music Festival in Pittsfield on Sat., Jan. 20. The concert which is held yearly includes a band, a chorus and an orchestra made up of the best music students from all of the high schools in the western four counties. Membership in these all-star groups is by audition on required pieces. Students assembled on one Saturday last month for a rehearsal and will rehearse during the morning and afternoon of the 20th at Pittsfield High School where the concert will take place in the evening.

Selected for the Western Mass. Band this year are two seniors: Donald Wade and Edward Morassi; one junior: Robert Gosselin, and one sophomore: Donald Cabra. Wade, Gosselin and Cabra were also members of this group

THE AGAWAM NEWS INC.

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Agawam's First Newspaper Serving All The People

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There will be an executive meeting of the Agawam Council of Parents and Teachers on Jan. 22, 1968 at 8:00 p.m. in the Guidance Office at the high school. Mr. David Skolnick, president, will preside. Mrs. Dom DiDonato, Publicity Chairman

Free "Try Square Dancing Night" To Be Held Monday

All area residents interested in learning how to square dance are invited to attend a FREE "Try Square Dancing Night." This program has been set up to give people a chance to get acquainted with modern western square dancing.

This program is sponsored by the Agawam Promenaders Square Dance Club. Al Bessette, who is the club's regular caller, will be on hand to acquaint beginners with some of the basic square dance terms and steps.

The FREE "Try Square Dancing Night" will be held on Monday evening, January 22nd, at 8:00 p.m. at the Robinson Park School and is open to all adult couples.

Tino and Anita Davilli, presidents of the Promenader Club, stated that there is no more enjoyable and healthful type of recreation available today than square dancing. We invite all local people who are interested to come and join in the fun and friendliness that is square dancing.

last year.

Donald Wade plays trumpet and is also vice-president of the Agawam High Band. He has been a member of dance band and played in the pit orchestra for the last few musicals.

Edward Morassi is also a trumpeter with experience in dance band and the musicals. He has also been chosen to audition for All State Band.

Robert Gosselin is a member of the band's drum section and has been featured in a number of drum and timpani solos during the past couple of years. He was also selected to audition for the All State Band.

Donald Cabra plays first trombone to the Agawam High Band and is one of the few sophomores to be chosen for District Band. He is also active in other musical groups such as the Young People's Symphony in Springfield.

POSTMASTER DeFORGE DISCUSSES 6c STAMP

"It's still one of the best bargains in the world."

That's what Postmaster Robert R. DeForge said today about the six cent stamp, and he recounted some interesting facts and figures from postal history to back up his claim.

Even though the five cent letter rate has suffered the same fate as the nickel cigar, first class postage is cheaper today than it was in many bygone eras when a few pennies meant much more than they do today, Postmaster DeForge said.

In 1816, for instance, a single sheet letter cost six cents for delivery up to 30 miles. More sheets and more miles cost more money. A letter going 400 miles cost 25 cents per sheet.

In those days the recipient had to pay the postage, not the sender. And if the letter was actually delivered to the recipient, rather than picked up at the Post Office, there was an extra charge that was kept by the carrier.

It wasn't until 1855 that the sender was required to pay in advance for mail.

Uniform rates regardless of distance and free city delivery were written into the postal law books in 1863. When distance was dropped as a factor in computing rates, so was the practice of charging per sheet. The basic unit for letter postage became a half ounce in 1863. The basic unit of one ounce that still prevails today went into effect in 1885.

"The costs of running the postal service must be paid," he (she) explained. "What isn't paid by mail users in postage is paid from general tax revenues. The approximately \$900 million in additional revenue the new rates will bring in will shift that much of the burden of paying for the postal service from the taxpayer to the mail users."

"Certainly it's only fair that the people who use the postal service pay the lion's share of its operating costs."

"Actually," he said, "with the six cent stamp we are returning to the postal rate charged when New York was called New Amsterdam and was a Dutch colony. Then the postage rate there was 'three stivers of wampum' — the equivalent of about 6 cents."

Spfld. College Plans Phone Campaign For Alumni Fund

Douglas Verney, newscaster for WHYN Radio and TV, will be chairman for a nationwide telephone campaign to raise \$12,000 in pledges for the 1968 Springfield College Alumni Fund. Calls will be made by a volunteer team of 50 students, faculty members and alumni of the college on January 25, 29, 30, and 31, 1968. The goal for the entire campaign is \$125,000.

Verney, who graduated from Springfield College this past June, won the Frank Stanley Beveridge Award which recognizes the undergraduate student who best represents the spirit of the college. He was also manager of the campus radio station, master of ceremonies of the Gymnastic Exhibition Team, dormitory president, manager of the campus student center and an active member of the student council.

A resident of Springfield, Verney is married to the former Leslie Stratton of Springfield.



Committee for Saturday night's program on the dangers of LSD are, left to right, Rev. James G. Shea, C.S., chairman of the publicity committee; High Sheriff John F. Boyle, Hampshire County Jail, and David Skolnick, program chairman, who will moderate the meeting.

WNEC Sponsors Classes In Engineering Review

Western New England College, in cooperation with five professional engineering organizations, will sponsor a series of ten, three-hour engineering fundamental review classes for those considering professional registration, it was announced today by Director Edward E. Lindberg, professor of mechanical engineering at WNEC.

The course, designed to prepare engineers for the nationwide engineering-in-training examinations, or those just interested in a comprehensive review of engineering fundamentals, has been expanded to cover ten subjects — mathematics, statics, dynamics, strength of materials, thermodynamics, electricity, chemistry, engineering economics, and physics.

Professor Lindberg stated that, "the EIT exams will be given April 27 of this year at designated sites throughout the Commonwealth."

According to Professor Lindberg, the classes to prepare prospective professional engineers for the EIT exam will be held in the West Building, at WNEC, Saturday mornings, beginning February 10, from 9 a.m. to 12 p.m. Professor Lindberg also indicated that all registrants should send their name, address, and telephone number to WNEC's School of Engineering no later than February 5.

Co-sponsoring the series of engineering review sessions with WNEC are The Connecticut Valley Chapter of the Massachusetts Society of Professional Engineers, The American Society of Tool and Manufacturing Engineers, The Western Massachusetts Section of the Instrument Society of America, The Western Massachusetts Section of the American Society of Mechanical Engineers, and The Springfield Chapter of The American Society for Metals.

"The registration and licensing of engineers is proceeding at (Continued on page 2)

Public Participation Featured At Sportsmen's Show

The Massachusetts Sportsmen's and Boat Show will feature a variety of spectacular exhibits Jan. 19 - 21 at the Better Living Building, Exposition Park, West Springfield, Mass.

One of the most interesting will be the Indian Guides "Tepee" depicting the daily life of the early Indian tribes.

The Indian Guides is an organization of the YMCA. Its main function is to bring a closer relationship between father and son. Nine fathers and sons constitutes a tribe, and many tribes will be represented at the show. The Guides will display leather craft and metal molding.

A first this year will be very exciting to the visiting recreation minded public. The Agawam Pistol and Revolver Club of Agawam, Mass., will teach and allow the visitors to shoot pistols at moving and stationary targets.

The club is able to conduct this experiment through the generous cooperation of the Crossman Pistol Company.

Another public participation sport will be shooting the bow and arrow at the Agawam Bowmen exhibit. Club members will be on hand to teach the use of the bow and arrow and assist the tyros to burst the balloons that will be on the target mats. This has been a very popular spot for the youngsters in previous years.

The trout stream will undoubtedly be the most popular area in the show. You will be able to catch a trout, have it tagged and bagged to facilitate taking it home to the frying pan or the freezer.

Show hours are 5:30 to 10:30 p.m., Friday the 19th; 10:00 a.m. to 10:30 p.m., Saturday, and 1:00 p.m. to 8:30 p.m., Sunday.

* * *

On an average day, stolen property losses in the United States amount to almost \$7 million, says the Insurance Information Institute.



Agawam High Band members who will represent their school at the Music Festival in Pittsfield are shown left to right: Ed Morassi, Donald Wade, Robert Gosselin and Donald Cabra.

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BLIZZARD SAFETY MEASURES

AVOID OVEREXERTION AND EXPOSURE — Exertion from attempting to push your car, shovel heavy drifts and perform other difficult chores during the strong winds, blinding snow, and bitter cold of a blizzard may cause a heart attack — even for persons in apparently good physical condition.

STAY IN YOUR VEHICLE — Do not attempt to walk out of a blizzard. Disorientation comes quickly in blowing and drifting snow. Being lost in open country during a blizzard is almost cer-

tain death. You are more likely to be found and more likely to be sheltered in your car.

KEEP FRESH AIR IN YOUR CAR — Freezing wet snow and wind-driven snow can completely seal the passenger compartment.

BEWARE THE GENTLE KILLERS . . . CARBON MONOXIDE AND OXYGEN STARVATION — Run the motor and heater sparingly and only with the downwind window open for ventilation.

EXERCISE — Clap hands and move arms and legs vigorously from time to time and do not stay

in one position for long.

TURN ON DOME LIGHT AT NIGHT — This will make the vehicle visible to work crews.

KEEP WATCH — Do not permit all occupants of the car to sleep at once.

Above all . . . **DON'T PANIC.**

South Elementary PTA**To Honor Fathers Jan. 24**

Fathers will be the honored guests at the regular meeting of the South Elementary School P.T.A. to be held on Wednesday, January 24.

Following a brief business meeting, the speaker will be Dr. Arthur Bertrand of AIC. His topic will be "The Growth and Development of Your Child in Elementary Education."

Dr. Bertrand is currently director of graduate studies in education at AIC, visiting professor of psychology at Westfield State College and director of general studies at Heritage Academy in Springfield. He received his B.S. at Westfield State College, his M.A. at American International College, and his Ph.D. at the University of Conn. A noted educator, he is associated with many professional organizations in the area, including the Pioneer Valley Montessori School.

After a brief discussion period, refreshments will be served by the hospitality committee: Mrs. Dale Mushrush, chairman, with Mrs. Stanley Sipitkowski, Mrs. George Downey, Mrs. Lawrence Moirano, and Mrs. Robert Frenette assisting.

Anyone in the area interested in hearing Dr. Bertrand is cordially invited to attend.

WNEC Sponsors Classes

(Continued from page 1)

an accelerated rate throughout the country," commented Professor Lindberg, who added, "in 1946 there were 70,000 registered engineers in the United States. By 1960 this figure had grown to 250,000. At the present time, over 16,000 of these registered professional engineers are registered in the state of Massachusetts."

Registration is desirable for most responsible engineering positions, Professor Lindberg pointed out. To become registered in the various states the usual procedure is to take either one or two qualifying examinations called the Engineer-in-Training (EIT) exam and the professional engineer's exam. Mas-

Disease Fighter

GIVING UP blood once weekly isn't much fun for Monte Brubacher, who's only 18 months old, but he's a good soldier about it at March of Dimes Birth Defects Center, University of Oregon Medical School, Portland. Monte is the victim of a severe, inherited birth defect of body chemistry.

Malone's

Farm and Garden Center
338 Silver St., Agawam
Winter Potatoes
Bird Seed - Feed



WITH U.S. COMBAT AIR FORCES, Vietnam—Airman First Class Robert R. Maynard, son of Mr. and Mrs. Gerard J. Maynard of 19 Royal St., Agawam, Mass., directing loading of equipment for shipment to front line units at Tan Son Nhut AB, Vietnam. Airman Maynard, an air freight specialist, is a member of the Pacific Air Forces. He attended Agawam High School before entering the Air Force in 1966.—(U.S. AIR FORCE PHOTO)

No pictures will be returned unless accompanied by stamped, self-addressed envelope.

sachusetts requires the EIT examination and graduation from an accredited curriculum or equivalent experience.

* * *

Motorists who show contempt for highway rules and regulations are showing contempt for their own lives, says the Automobile Legal Association.

* * *

Automobiles are owned by about eight of every ten families in the United States, reports the Automobile Legal Association.

* * *

New England motorists will consume an estimated 3,911,797,000 gallons of gasoline during 1967, notes the Automobile Legal Association.

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**Pharmacy
Footnotes**

Harvey E. Lebeau, Reg. Ph.

Epilepsy has been called the "falling down" disease because some of its victims lose consciousness, go into convulsions and fall to the floor. It is also referred to as the "hush-hush" disease because centuries of fear, superstition and ignorance have grown up about it. A long list of well-known historical figures have been victims: Alexander the Great, the philosopher Socrates, the Prophet Mohammed, the Roman conqueror Julius Caesar and the painter Vincent Van Gogh. In the past decade, science has made significant progress in the battle against epilepsy. It is attacking on three fronts - drugs, surgery and social attitudes - and seems to be winning.

We don't pretend to do any surgery here, but we can promise you our attitude and the service we give when filling your prescription drugs is above reproach. RYAN DRUG CO., 337 Walnut St., Agawam, Tel. 734-4978. Free Delivery . . . Baby Needs . . . Cosmetics . . . Toiletries . . . First Aid & Sick Room Needs . . . Whitman's - Candy Cupboard.

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Special registration periods from 5 to 7 p. m.

February 1, 2 and 5

from 10 a. m. to noon, Saturday, February 3

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courses

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American International Evening College

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SPRINGFIELD, MASS.

SCHOOL MENUS

JAN. 22 - 26

PHELPS SCHOOL

MON: Ju, veg, soup, pea, but, sand, pot, stix, bna, cook. TUES: Ju, grl hmb, on but, bn, on, sl, & rel, cand, sw, pot, apl. WED: Bf, stw, w/veg, & pot, b&b, pea, but, cook, or, wds. THURS: Rst, turk, in grvy, mash, pot, but, broc, b&b, ice cr. FRI: Ju, fish stix, pars, pot, tsd, sal, b&b, crm, fill, donut.

GRANGER SCHOOL

MON: Ju, mt, rav, w/mt, & tom, sau, but, grn, bns, b&b, pnapl, tdbts. TUES: Chick, nood, soup, car, stix, sl, mt, sand, pea, but, sand, or, sec, pea, but, brn, WED: Bkd, sau, w/brn, grvy, mash, pto, but, mxid, veg, b&b, strw, s-cake w/whpd, top. THURS: Ju, grl hmb, on but, roll, rel, & cats, chs, wdg, on, sl, but, car, apisau, FRI: Ju, grld, chs, sand, pea, but, sand, wh, ker, corn, apl, crsp.

PEIRCE SCHOOL

MON: Piz, burg, but, grn, bns, pot, stix, pea, but, sand, cit, fru, cup. TUES: Oven bkd, lunch, mt, but, nood, w/tom, wx, bns, b&b, sl, pchs. WED: Or, ju, rst, bt, in nat, ju, but, sl, pot, Har, bts, b&b, choc, cake w/moch, ic. THURS: Turk, cass, w/pot, puff top, but, car, pea, but, & jel, sand, or, Jello w/top, FRI: Cit, ju, hash brn, pot, dev, egg, chs, wdg, hot but, corn br, but, peas & car, cook.

DANAHY SCHOOL

Mon: Ital, spa, w/mt, & tom, sau, wax bns, ch, wdg, b&b, sl, pch. TUES: Or, ju, veg, bf, soup w/nood, mt, sal, sand, or pea, but, sand, cel, & car, stix, krunch bars. WED: Rst, turk, w/gry, mash, pot, but, broc, b&b, fudgicle. THURS: Ju, frank, & roll w/rel, & mus, but, corn, apisau, cake, FRI: Ovn, fr, fish stix, mash, pot, tartar sau, let, & tom, sal, b&b, frtd, Jello w/top.

SO. ELEMENTARY SCHOOL

MON: Or, ju, stmd, franks on but, roll, mus, & rel, ch, stix, but, car, fr, cup. TUES: Hot opn, turk, sand, w/gry, glaz, sw, pot, but, peas, cran, sau, Easy fr, cake w/sau. WED: Bkd, lasagna w/mt, & tom, sau, A.B.C. sal, but, Viennabr, pchs. THURS: Or, ju, crmd, veg, soup & crack, cel, stix, chpd, ham & ch, sand, on rye, apl, cook. FRI:

Bkd, bns, & cat, fish cake, fr, slaw, pea, but, on rye br, pnapl, cake w/top.

ROBINSON PARK SCHOOL

MON: Ju, frank, on but, roll, mus, & rel, but, corn, apl, crsp, ch, wdg. TUES: Shell mac, w/tom, & mt, sau, but, grn, bns, Fr, br, & but, cit, fr. WED: Or, ju, hot opn, turk, sand, but, broc, cran, sau, glzd, donut. THURS: Ju, mt, ball grndr, w/sau, but, peas & car, or, cake w/but, frost. FRI: Bkd, fish stix, mash, pot, pea, but, sand, bt, sal, des.

JUNIOR HIGH SCHOOL

MON: Ju, ham w/pnapl, cand, sw, pot, but, corn, b&b, ice cr. TUES: Shell mac, w/mt, balls, toss, sal, bana, b&b. WED: Ju, hmbg, & bun, grn, bns, pea, but, sand, fr, cup. THURS: Ju, turk, & grvy, mash, pto, car, & b&b, Jello w/top. FRI: Ju, tuna fish sal, pot, chips, cab, & car, sal, but, cake w/choc, sau.

HIGH SCHOOL

MON: Or, ju, hmbg, on roll, pot, chips, must, rel, & sl, on, but, car, pea, but, sand, cust, donut. TUES: Ju, hmbg, grvy, mash, pot, but, corn, b&b, pea, but, sand, rais, rice cust, pud, w/top. WED: Or, ju, bolog, & ch, on water roll, must, & may, gar, sal, w/spin, & chic, grns, rasp, top, but, cake. THURS: Or, ju, mt, ball grndr, but, grn, bns, pea, but, sand, apisau, & pea, but, cook. FRI: Oven fr, fish stix, par, pot, Har, bts, hot date muff, lemn, pie sq.

MILK SERVED WITH ALL MEALS

AGAWAM ELEMENTARY SCHOOL HONOR ROLL**SEVENTH GRADE HONOR ROLL SECOND TERM**

MAXIMUM - James Dalrymple, Lori Letendre, Steven Mason, Diane Skowera, Charles Souliere, Robin Turnbull, Cynthia Turner.

GENERAL - Sandra Adams, Sarah Adams, Sandra Adamski, Richard Allen Laurel Anderson, Lisa Barry, Michael Borello, Debra Brignoli, Laurie Cassidy, Vincent Catelotti, Maria Cockoros, Peter Cockoros, Judy Cummings, Diane Davis, Thomas Dennis, Donna Desjarlais, Michael Doyle, Steven Draghetti, Judith Drewnowski, Thomas Ennis, Steven Farnsworth, Christopher Fuchs, Nancy George Susan Gillan, Deborah Goguen, Robert Gurski, Cynthia Hall, Susan Hamel, David Harriman, Leeann Hart, Also, Richard Hill, Michael Huba, Douglas Janik, Cynthia Kane, James Knight, Nancy Knowlton, Sally Krolicki, Nancy Lawrenchuck, Laurel Leduc, Lois Leonard, Robert Liptak, Joseph Losito, Pamela Lucas, Christine Luciani, Phyllis McCobb, Stephen Milewski, Mary Morin, Catherine Niemiec, Marianne Norman, Gayla Piccin, Margaret Polopek, Collette Protzenko, Linda Racine, Victor Ramah, Jan Reynolds, Jane Ribble, Gregory Roberts, Gary Robinson, Jane Rudowski, Kathleen St. Peter, James Saliba, Ethel Seriva, Car-

ole Shibley, Mason Soja, Elizabeth Spear, Katherine Stapleton, Benita Sticca, Deborah Taupier, Susan Taylor, Lucinda Toelken, Paul Trimball, Carol Walker, Robert Watson, Carol Waytovich, Susan Wotus, Cheryl Yelinek, Marilyn Zielinski.

EIGHTH GRADE HONOR ROLL SECOND TERM

MAXIMUM - Linda Howe, Stephen Kajka, Craig Leonardi, Barbara Swiderski, Carol Trzcinski, Kathleen Viens.

GENERAL - Thomas Acquaro, Stephen Adamski, Twyla Andros, Carole Babyok, Linda Bailey, Steven Baldwin, Gregory Balsewicz, Richard Barnard, Richard Barry, Frances Bigda, Kenneth Blackwood, David Blanch, Paula Boisvert, Anthony Calvanese, Sheila Caramazza, Leo Carey, Kathleen Carney, Anne Caron, James Cebrelli, Ann Cesan, Nancy Cincotta, Ann Marie Cirillo, John Collins, Susan Colson, Dale Cote, Diana Cross, John Davies, Alfred Davis, Donna Decosmo, Nancy Decosmo, Paul DiDonato, Steven Duplessis, Diana Edmunds, Cynthia Ekstedt, Douglas Favreau, Nancy Femmel, Elaine Frank.

Also, Robert Gagnon, Frank Grabinski, David Graham, Deborah Grassa, Laurine Greguoli, Elizabeth Harrington, Martha Heyl, Paul Heppner, Susan Heywood, George Hill, Pamela Holden, Walter Hurd, Janice Johnson, Leonard Johnson, Kathleen Jones, Evelyn Karakla, Ann Kazantzis, Donna Keefe, Thomas Kerr, Francis Labun, Paul Langlois, Joanne Leger, Timothy Lennick, Cheryl Loomis, Craig Luginbuhl, Mark Magistri, Allyn Mallette, Daryl Mallory, Donna Marchand, Anne Metzger, Nancy Meucci, Michael Moreau, Ralph Morin.

Also, Elizabeth Nunn, Kevin O'Connell, Robert Ormsby, Beverly Orr, Nancy Palazzi, Dianna Ploof, Susan Plourde, Karen Porter, Joann Raynor, Michael Rheault, Linda Ribble, Edward Rivers, Carl Roberts, Deborah Roberts, Michael Romano, Jeanne Scherpa, Diane Simmons, Scott Skolnick, Debora Snyder, Mitchell Soffen, Pauline Sosnowich, Robert Sticca, Sharon Stowers, Shelley Titcomb, Edward Tyburski, Diana Vetro, Douglas Walsh, Marilyn West, Caron Wiggins, Pamela Wing, June Wood.

fun for everyone SQUARE DANCE

Learn to square dance! No other four words hold such a promise of fun and friendliness. Those of you who are square dancers know exactly what we mean. Those of you who have never square danced have an opportunity to find out next Monday night, January 22nd, at the Robinson Park School at 8:00 p.m.

On Monday night the Promenaders will present a FREE "Try Square Dancing Night." Non dancers will have the opportunity to get out on the floor and try a few steps themselves. They will also meet the nicest, friendliest group of people we have encountered anywhere. So make your plans now - no cost, no obligation - come and find out what fun really is.

Next Friday, January 26th, the Promenaders will hold their regular square dance at the Robinson Park School. Club caller Al Besette will be making his first appearance of the new year. Coming up soon after will be our potluck supper and Valentine Dance with guest caller Walt Swan.

The "Night Riders" are still at it! As reported to you last week, this mischievous group has been dropping in unannounced at extremely late hours on poor unsuspecting club members.

However, rumors are afoot that the "Night Riders" may be in for a few surprises! We understand that certain of their victims are formulating plans!!!!

Emphysema and Your Heart

Not many years ago, almost no one had heard the term emphysema and few except physicians could define it. Today it looms as one of the fastest growing health threats with an estimated 800,000 new cases diagnosed last year alone.

Emphysema is a progressive, lung-damaging disease which frequently begins as chronic bronchitis. The first noticeable symptom is shortness of breath upon exertion. This may slowly progress until the patient chronically finds breathing increasingly difficult as the lungs gradually lose their elasticity. A cold, flu or a respiratory ailment leads to acute distress for which there is very little medical relief.

In advanced stages the patient's whole routine is focused on saving what little breath he has. During this progression more and more lung tissue is damaged, and eventually the numerous small blood vessels in the area begin to deteriorate also. At the time the system tried to improve its oxygen capacity by increasing the number of red blood cells. These thicken the blood somewhat, adding an extra burden on the heart. This increased work load may lead to enlargement of the right side of the heart, and eventually the heart may fail entirely. Research sponsored by the Massachusetts Heart Association several years ago established that one case in ten of heart failure is due to emphysema. This study also found that for each case of emphysema dying in heart failure, two die of respiratory infection, and an equal number are permanently disabled.

Since emphysema is in most cases irreversible, real relief

can be found only if it is diagnosed in its early stages. Therapy early in the course of the disease, with complete cessation of smoking and with planned breathing exercises frequently combine to halt or slow the progression of lung damage and enable the patient to enjoy a relatively trouble-free life.

However, prevention is much to be preferred. Statistics from all sources show that cigarette smoking is a major factor (if not the direct cause) of over 90% of cases. The number of cigarettes consumed appears to have a direct bearing on the speed of disease progression. The condition of a two-pack-a-day smoker deteriorates twice as fast as that of a one-pack-a-day smoker. Additional air pollution such as smog or industrial inhalants greatly aggravates existing emphysema as does any respiratory infection.

Men develop the disease eight times more frequently than women, with symptoms beginning to occur most often during the forties and early fifties. Debilitating emphysema is far less likely to develop if individuals: Stop cigarette smoking entirely.

Get sufficient exercise outdoors every day.

Avoid frequent inhalation of irritating dusts, fumes, and sprays.

**With force**

you will rarely gain the wanted success. Try more sensible methods:

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EVILS OF LSD
than meets the eye.**

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on DRUGS in our area.**

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SATURDAY NIGHT-JAN. 20th
Free! HIGH SCHOOL HALL-7:30pm.**

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CORRECTION!

Ad for Mass. Sportsmen's Show in Jan. 11 Agawam News was printed by mistake, and is not to be considered as admission to show. Please use coupon printed in this issue.

SAVE . . . TEAR OUT AND PRESENT AT SHOW

1/2 PRICE COURTESY TICKET

**MASS. SPORTSMEN'S and
BOAT SHOW**

JANUARY 19-20-21

**BETTER
LIVING
CENTER**

HOURS -
JAN. 19 - 5:30 PM to 10:30 PM
JAN. 20 - 10:00 AM to 10:30 PM
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**EXPOSITION
GROUNDS
WEST
SPRINGFIELD**

PAY ONLY 50¢

**WITH THIS TICKET AT THE SHOW
FOR ONE GENERAL ADMISSION.
Children under 12 Free with Adult**



A mink jacket that's sporty enough to go to even the most informal occasion is just one of the many mink styles you can choose from, but the Emba Mink Breeders Association points out that there's more than style to choosing the mink for you: if you do some homework before you start shopping, you won't feel "pelted" with a lot of confusing terminology. Here, a belted jacket in Tourmaline, Emba natural pale beige mink and versatile jacket with convertible collar in Morning Light, Emba natural blue beige mink give an example of the choices of styles available.

WHAT TO LOOK FOR IN A MINK

New York (NAPS) — Style... color... quality—there are plenty of things to keep in mind when you start to think about mink. But you won't feel "pelted" with a lot of confusing terminology if you do some homework before you start shopping. These tips from experts may help keep the subject of furs from becoming too furry:

THE HUE FOR YOU
Autumn Haze, Emba natural

QUICK REPAIRS

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Tel. RE 7-8730

brown mink, is the world's most popular mink and is flattering to most everyone. These days, women are adding the pale shades to their vision of mink... shades that complement or contrast with hair and complexion. American advances in care and feeding have kept mink in the pink, and the latest breeding techniques have even turned up mink that are actually a pale PINK! In fact, there are now more than a dozen natural mutations ranging from pure white to natural blue. Try them all on... you're liable to be surprised at the color you finally select. MINK CAN "FASHIONATE" YOU
Whether your budget dictates a short stole or includes a full length coat, chances are you'll

find yourself getting wrapped up in a wide variety of mink styles. The Emba Mink Breeders Association points out that today's minks aren't JUST going out-on-the-town; designers have also created some fashionables that run the gamut from ponchos and over-blouses to be worn with long hostess skirts or slacks or culottes!

If it's to be your very first mink, a coat or jacket that's suitable for many different occasions will probably give you the most mileage... one that will travel anywhere, at any time of the day or night.

THE QUEST FOR QUALITY

When you're in the market for mink, there's one thing you should consider in addition to color and style: quality!

Be sure to read the hangtag carefully: federal law requires that it tell the true English name of the mink, country of origin, and whether the fur is bleached, dyed, "tip-dyed," or natural. The Emba Mink Breeders Association represents more than 4,000 American mink ranchers who know that careful breeding and feeding are of the utmost importance in producing top grade pelts, and their label is only given to "natural" mink of the highest quality standards. Once you are assured by your furrier and the label that the pelts are Emba there are additional ways to judge the quality of the coat or jacket that strikes your fancy.

Examine the mink to see that the pelts match in color, texture and depth. The matching should be so well graduated that no abrupt color change is noticeable.

In a quality mink, hard wear areas like the sleeves, cuffs, pockets, collar, and hem should be of thick, full fur. Poorly furred skins hidden away in the undersleeves and other less obvious places or thin spots mean a poorer quality and, of course, a less expensive mink.

You will want to know about the leather side of the pelts. Seams that form a regular pattern indicate a "letting in" or "letting out" process. When a pelt is "let in," it's made shorter and wider. "Letting out" refers to making a pelt longer and narrower. This process reaches its ultimate in fine mink, where a pelt may extend from the collar to the hem of a full length coat.

The lining also tells a quality story. In moderately priced furs, it's sometimes rayon or acetate, while better ones have silk, satin or brocade linings. In both moderate and higher priced furs, the lining should be hand sewn, with small close stitches, especially at such points of friction as the

armholes and the pockets.
FIT IS IMPORTANT

When you try on a mink... examine yourself in a full length mirror from every angle. Be certain that the shoulders fit and that the coat hangs evenly. As for length, the formula these days is "make it somewhere halfway between your knee and your age."

Now that the color and style

WHO KNOWS?

1. What is the birthstone for January?
2. When did the battle of New Orleans occur?
3. Who was Vladimir Illyrick Ulyjanov?
4. Name the author of "Common Sense" and "The Rights of Man."
5. What constitutes the American Bill of Rights?
6. How many times did Henry VIII marry?
7. When did prohibition begin?
8. On what date was the first wireless sent to Germany?
9. How much does one gallon of water weigh?
10. When and where were the first Olympic games held?

Answers To Who Knows

1. Garnet.
2. January 8, 1815.
3. Lenin.
4. Thomas Paine (1737-1809), born in Thetford, England.
5. The first ten amendments to the Constitution.
6. Six.
7. January 16, 1920.
8. January 27, 1914.
9. Eight and one-third pounds.
10. Olympia, Greece, 776 B.C.

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a Dog's Life



DOWN THE HATCH

THE EASIEST WAY TO GIVE YOUR DOG A PILL OR CAPSULE IS TO CONCEAL IT IN A PIECE OF HIS FAVORITE FOOD.

FIDO FREUD...

JINGLES, A BROWN AND WHITE SHAGGY-HAIRED MONGREL, HELPS A N.Y. PSYCHIATRIST PUT HIS PATIENTS AT EASE. THE DOG'S TAIL-WAGGING FRIENDLINESS HAS PROVED INVALUABLE IN HELPING WITH FEARFUL, WITHDRAWN PATIENTS, ESPECIALLY CHILDREN.



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DURING WINTER MONTHS DOGS NEED VITAMIN D. QUALITY PREPARED DOG FOODS CONTAIN AN ADEQUATE AMOUNT OF THIS IMPORTANT VITAMIN.

are becoming to you... the quality and price are right... and you've found a good fit — chances are you need to look no "fur-ther!"

No life ever grows great until it is focused, dedicated, and disciplined. —Harry Emerson Fosdick.

Reputation is character minus what you may have been caught doing.



Mamas, papas,
& baby kittens
Take your choice
LY 8-8724

Legal Notices

COMMONWEALTH OF MASSACHUSETTS
Hampden ss Probate Court
To all persons interested in the estate of CATHERINE E. PRENTISS late of Agawam in said County, deceased.

The special administrator of the estate of said CATHERINE E. PRENTISS has presented to said Court for allowance his first and final account.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the ninth day of February 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this eighth day of January 1968.

JOHN J. LYONS, Register
Jan. 11, 18, 25.

COMMONWEALTH OF MASSACHUSETTS
Hampden ss Probate Court
To all persons interested in the estate of CATHERINE H. CARLTON of Agawam in said County, a person under conservatorship.

The conservator of the property of said CATHERINE H. CARLTON has presented to said Court his third account for allowance.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the sixth day of February 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this third day of January 1968.

JOHN J. LYONS, Register
Jan. 11, 18, 25.

COMMONWEALTH OF MASSACHUSETTS
Hampden ss Probate Court
To all persons interested in the estate of MELINDA D. CARDONE late of Agawam, in said County, deceased, testate.

A petition has been presented to said Court for license to sell — at private sale — certain real estate of said deceased, — and that the petitioner may become the purchaser of said real estate.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the second day of February 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this third day of January 1968.

JOHN J. LYONS, Register
Jan. 11, 18, 25.

GUTEN APPETIT! SUFFIELD RESTAURANT PRESENTS GERMAN NIGHT JANUARY 25, 1968

SAUERBRATEN, RED CABBAGE, POTATO DUMPLING.....	3.25
BRATWURST, RED CABBAGE, POTATO DUMPLING.....	2.50
WEINER SCHNITZEL, POTATO AND VEGETABLE.....	2.50
KNOCKWURST AND SAUERKRAUT.....	1.95
GOLOMBKI (POLISH STYLE), POTATO AND VEGETABLE.....	1.95
HUNGARIAN GOULASH, EGG NOODLES, SALAD.....	1.95
SMOKED HAM HOCKS AND SAUERKRAUT.....	2.50
GERMAN MEAT BALLS, SAUERKRAUT AND POTATO.....	1.95
SPARE RIBS AND SAUERKRAUT, POTATO.....	2.25
GERMAN PLATTER.....	4.25

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WIN

AN ALL-EXPENSE, ROUND TRIP
BY AIRPLANE TO BERMUDA FOR TWO

CONNECTICUT VALLEY FLOWER SHOW

"American Beauty Queen Contest"

OFFICIAL ENTRY BLANK

Fill out this entry blank and mail with a small photograph to: CONN. VALLEY FLOWER SHOW, AMERICAN BEAUTY CONTEST: P. O. Box 1275, SPRINGFIELD, MASS. To be held during FLOWER SHOW WEEK at the Exposition Grounds. Preliminaries will be held February 25th and February 26th.

Finals for all contestants will be held TUESDAY, FEBRUARY 27 at 8:45 P.M.

Name Age Birthday
Address City Tel.
Weight Height Color of Hair Eyes
Name of High School or College Attended
Where Employed
School Graduated from
School now attending
Special Talents
(Special Talents not required for Entrants)

Signature of Parent or Guardian